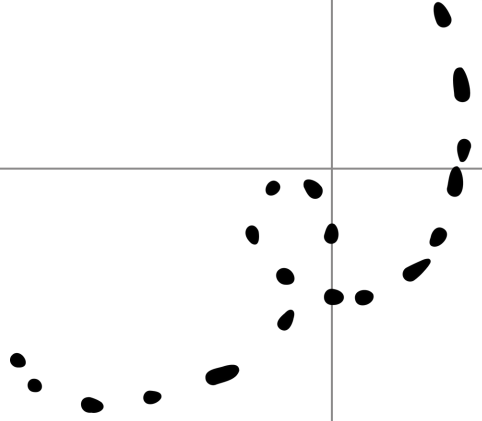
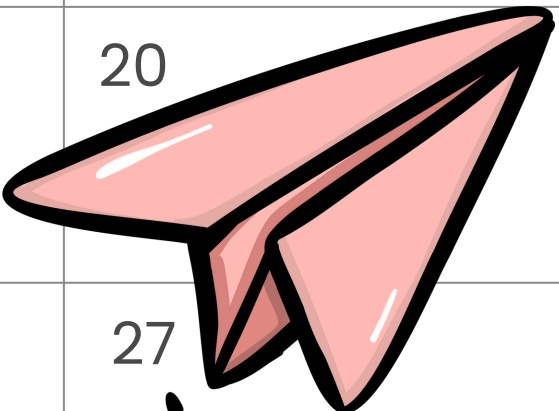




September

2025

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|--|---|---|--------|----------|
| | 1 Labour Day | 2 | 3 EarlyON Play & Learn 9:30 - 11:30 Gentle Fitness 11-11:45 | 4 EarlyON Babytime 1-3 Seed Savings For Annual Savings 6:30 - 7:30 | 5 | 6 |
| 7 | 8 EarlyON Play & Learn 9:30 - 11:30 | 9 Sing to me 10-10:30 PEPL Board Meeting 5:45 | 10 EarlyON Play & Learn 9:30 - 11:30 Gentle Fitness 11-11:45 | 11 EarlyON Babytime 1-3 | 12 | 13 |
| 14 | 15 EarlyON Play & Learn 9:30 - 11:30 | 16 Sing to me 10-10:30 Afternoon Book Club 1-2 Evening Book Club 7-8 | 17 YMCA Settlement Worker 9-11 EarlyON Play & Learn 9:30 - 11:30 Gentle Fitness 11-11:45 | 18 EarlyON Babytime 1-3 | 19 | 20 |
| 21 | 22 EarlyON Play & Learn 9:30 - 11:30 | 23 Sing to me 10-10:30 | 24 EarlyON Play & Learn 9:30 - 11:30 Gentle Fitness 11-11:45 | 25 EarlyON Babytime 1-3 Sip & Stitch 6 - 7:30 | 26 | 27 |
| 28 | 29 EarlyON Play & Learn 9:30 - 11:30 | 30 Sing to me 10-10:30 Dough-it Yourself 6-8pm | | | | |





GENTLE SEATED FITNESS CLASS

Every Wednesday beginning Sept 3rd
11-11:45 AM

This FREE class will be geared to those who are looking for a low impact seated class as an introduction and/or the beginning to their fitness journey.

Please register by calling 519-595-8755



DOUGH-IT YOURSELF!

Tues Sept 30 | 6:30-8:30pm | PEPL

Our hands-on sourdough class will teach you everything you need to know! You'll leave with your own active starter, and a dough ready to bake!

Registration Required
Call the PEPL at 519-595-8395 to register.



SAVING SEEDS FOR ANNUAL SAVINGS

THURSDAY, SEPTEMBER 4 | 6:30-7:30PM

Join Alice Mainland, from the Stratford and District Horticultural Society, to learn how to collect seeds from a variety of plant materials and save money on your garden next year!

Registration is recommended.

All ages welcome!!!



SIP & STITCH

Thursday September 25th from 6:00-7:30PM

Learn to crochet for a cause.

Join in with others in the community crocheting poppies to cover the fence between the Legion and the PERC for Remembrance Day.



SING TO ME

May 29 | 10AM | PEPL

Join Pastor Sonja for a song-based program for toddlers and children!



EARLY ON PROGRAMS AT PEPL

Mondays 9:30 - 11:30 Play & Learn
Wednesdays 9:30 - 11:30 Play & Learn
Thursdays 1 - 3 Babytime