



JANUARY

January 2022
 Perth East Public Library
 19 Mill Street East, Milverton
 519-595-8395
 www.pertheastpl.ca

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Library Hours Mondays 9am-1pm Tuesdays, Wednesdays, Thursdays 9am-8pm Saturdays 9am-1pm Closed Fridays and Sundays Digital materials available 24/7 using the Libby app						1 Library Closed
2 <i>The Quadrantid meteor shower will be active from 12 December to 12 January, producing its peak rate of meteors around 3 January.</i>	3 Library Closed	4 <i>SING to ME!</i> 10:00-10:45am	5 National Bird Day <i>Pick up a DIY bird feeder kit at the library</i>	6	7 <i>Read a recipe then help bake or cook it</i>	8
 National Houseplant Appreciation Day. Need help with your green thumb? We've got books for that!	10 EarlyON Baby Time 10-11am	11 <i>SING to ME!</i> 10:00-10:45am	12 <i>Read to a pet or stuffed animal</i>	13	14	15 National Hat Day
16 <i>Read a book then watch the movie</i>	17	18 <i>SING to ME!</i> 10:00-10:45am Book Club 1:00-2:00pm and 7:00-8:00pm	19 Martin Luther King Jr Day recognizing the non violent fight for civil rights	20 <i>Read the instructions to a game then play it</i>	21	22 <i>Read a book in a blanket fort</i>
23 <i>January is here, With eyes that keenly glow— A frost-mailed warrior striding A shadowy steed of snow. —Edgar Fawcett, American poet (1847–1904)</i>	24 EarlyON Baby Time 10-11am	25 <i>SING to ME!</i> 10:00-10:45am	26	27 	28 <i>#DYK: 57% of kids who are frequent readers have parents who read books 5-7 days a week. Why not read a book together?</i>	29



The Perth East Public Library is proud to work with the Centre for Equitable Library Access to provide specialize service to people with print disabilities.

A **print disability** is a learning, physical or visual disability that prevents a person from reading conventional print.

More specifically, a print disability can be a:

- **Learning disability:** An impairment relating to comprehension
- **Physical disability:** The inability to hold or manipulate a book
- **Visual disability:** Severe or total impairment of sight or the inability to focus or move one's eyes

CELA provides access to books, newspapers and magazines in formats that people with print disabilities can read, such as audio, digital text and braille.

Ask the Library for more information!

Recipe for Chicken Soup

Ingredients:

- 4 tbsp. unsalted butter
- 1/2 cup diced onion
- 2 celery stalks, diced
- 3 carrots, diced
- 1/2 tsp salt
- 1/4 tsp ground white pepper
- 8 cups chicken broth
- 4 cups shredded cooked chicken breast
- noodles
- 1 tbsp. chopped fresh parsley

Instructions:

1. In a large soup pot, melt the butter over medium heat. Add the onion and saute until softened, about 5 minutes. Add the celery and carrots and cook until soft and tender, 5 to 8 minutes. Stir in the salt and pepper.
2. Add the broth and bring to a boil over medium-high heat. Reduce to a simmer, carefully add noodles and summer until they are cooked through, 15 to 20 minutes.
3. Add the chicken and simmer 5 minutes to warm through. Sprinkle with parsley and serve.
4. Store in an airtight container in the refrigerator for up to 3 days or in the freezer for up to 1 month.



Makes 8-10 servings

This cookbook and more available at the Library!